

Support Groups

2nd Tuesday

1:00 pm

Support Group and Activity group for loved ones

Covenant Church
113 N. Acoma Blvd.
Lake Havasu City, AZ

2nd Wednesday

1:00 pm

PARKINSON's Support
Community Presbyterian Church
3450 Chemehuevi Blvd.
Lake Havasu City, AZ

3rd Tuesday

1:00pm

Support Group and Activity group for loved ones

Covenant Church
113 N. Acoma Blvd.
Lake Havasu City, AZ

4th Tuesday

10:00 am—noon

Roundtable Education Series

Community Presbyterian Church
3450 Chemehuevi Blvd.
Lake Havasu City, AZ

CONTACT US:

928-855-6000

DCH c/o Community Presbyterian Church
3450 Chemehuevi Blvd. Lake Havasu City 86406

dementiaconnectionof-havasu@gmail.com



Parkinson's Disease Educational Series

Wednesday, February 17, 2016

Thursday, February 18, 2016

10:00am to 3:30pm.

Hampton Inn~~ 245 London Bridge Road

\$20.00 for one day or \$30.00 for both days

Light lunch is included in the cost of the registration.

Please register by February 10, 2016.

Call 928.855.6000 or email dementiaconnectionofhavasu@gmail.com for more information and registration forms

Guest Speakers

Dr. Francesco Ponce
(Renowned Neurosurgeon)

Dr. Padma Mahant
(Neurologist)

Dr. Pamela Meyers
(Clinical Nutritionist)

Dr. Brett Qualls
(Physical Therapist)



4th Tuesday Roundtable

Education Series

10:00 AM to Noon

The Dementia Series — The More We Know

February 23

No Roundtable, due to Parkinson's Conference February 17 & 18

March 29

Amazing Grace - Dementia and Driving, Part I

Dementia Connection of Havasu Spring Conference

"Supporting People to Live Well With Dementia"

Presented by Dr. Daniel Nightingale.

It will be held at the Hampton Inn - 6 CEU's.



Home Safety Behavior by Behavior

Although a number of behavior and sensory problems may accompany Alzheimer's disease, not every person will experience the disease in exactly the same way. As the disease progresses, particular behavioral changes can create safety problems. The person with Alzheimer's may or may not have these symptoms. However, should these behaviors occur, the following safety recommendations may help reduce risks.

Wandering

- Remove clutter and clear the pathways from room to room to prevent falls and allow the person with Alzheimer's to move about more freely.
- Make sure floors provide good traction for walking or pacing. Use nonskid floor wax or leave floors unpolished. Secure all rug edges, eliminate throw rugs, or install nonskid strips. The person with Alzheimer's should wear nonskid shoes or sneakers.
- Place locks high or low on exit doors so they are out of direct sight. Consider installing double locks that require a key. Keep a key for yourself, and hide one near the door for emergency exit purposes.
- Use loosely fitting doorknob covers so that the cover turns instead of the actual knob. *Due to the potential hazard they could cause if an emergency exit is needed, locked doors and doorknob covers should be used only when a caregiver is present.*
- Install safety devices found in hardware stores to limit how much windows can be opened.
- If possible, secure the yard with fencing and a locked gate. Use door alarms such as loose bells above the door or devices that ring when the doorknob is touched or the door is opened.
- Divert the attention of the person with Alzheimer's disease away from using the door by placing scenic posters on the door; placing removable gates, curtains, or brightly colored streamers across the door; or wallpapering the door to match any adjoining walls.
- Place STOP, DO NOT ENTER, or CLOSED signs on doors in strategic areas.
- Keep shoes, keys, suitcases, coats, hats, and other signs of departure out of sight.
- Obtain a medical identification bracelet for the person with Alzheimer's with the words "memory loss" inscribed along with an emergency telephone number. Place the bracelet on the person's dominant hand to limit the possibility of removal, or solder the bracelet closed.
- Check with the local Alzheimer's Association about the Safe Return program.
- Place labels in garments to aid in identification.
- Keep an article of the person's worn, unwashed clothing in a plastic bag to aid in finding someone with the use of dogs.

- Notify neighbors of the person's potential to wander or become lost. Alert them to contact you or the police immediately if the individual is seen alone and on the move.
- Give local police, neighbors, and relatives a recent photo of the person with Alzheimer's, along with the person's name and pertinent information, as a precaution should he or she become lost. Keep extra photos on hand.
- Consider making an up-to-date home video of the person with Alzheimer's disease. Do not leave a person with Alzheimer's who has a history of wandering unattended.

Rummaging/Hiding Things

- Lock up all dangerous or toxic products, or place them out of the person's reach.
- Remove all old or spoiled food from the refrigerator and cupboards. A person with Alzheimer's may rummage for snacks but may lack the judgment or taste to rule out spoiled foods.
- Simplify the environment by removing clutter or valuable items that could be misplaced, lost, or hidden by the person with Alzheimer's disease. These include important papers, checkbooks, charge cards, and jewelry.
- If your yard has a fence with a locked gate, place the mailbox outside the gate. People with Alzheimer's often hide, lose, or throw away mail. If this is a serious problem, consider obtaining a post office box.
- Create a special place for the person with Alzheimer's to rummage freely or sort (for example, a chest of drawers, a bag of selected objects, or a basket of clothing to fold or unfold). Often, safety problems occur when the person with Alzheimer's becomes bored or does not know what to do.
- Provide the person with Alzheimer's a safe box, treasure chest, or cupboard to store special objects.
- Close access to unused rooms, thereby limiting the opportunity for rummaging and hiding things.
- Search the house periodically to discover hiding places. Once found, these hiding places can be discreetly and frequently checked.
- Keep all trash cans covered or out of sight. The person with Alzheimer's disease may not remember the purpose of the container or may rummage through it.
- Check trash containers before emptying them in case something has been hidden there or accidentally thrown away.

Source: <https://www.nia.nih.gov/alzheimers/publication/home-safety-people-alzheimers-disease/introduction>

This is in excerpt from an online booklet. Go to the website for the full booklet.